



Choosing a Rehabilitation Center/Long-Term Care Facility CHECKLIST

Choosing a rehabilitation or long-term care facility healthcare provider is a difficult and, often times, emotional decision. Here are some questions you will want to consider in making your decision.

Work with our **Triad Group, Inc.** staff members to get your questions answered so you make the right healthcare decision for you.

This worksheet can help you discuss your options with any facility you plan to consider.

Visit www.medicare.gov/NHCompare for additional information.

	Yes	No	Comments
Basic Information			
Medicare certified?			
Medicaid certified?			
Is the level of care I need available?			
Does the nursing home have special services if needed?			
Does the facility offer multiple levels of care (e.g., assisted and/or independent living)?			
Appearance			
Is the facility clean and well kept?			
Do the residents appear clean, appropriately dressed, and well groomed?			
Are the rooms neat and clean?			
Is there adequate lighting?			
Are the furnishings sturdy, comfortable, and attractive?			
Is there adequate storage space available in the resident's room?			
Is the temperature in the nursing home comfortable?			
Is the nursing home free of unpleasant odors? Are exits clearly marked?			
Are there quiet areas where residents can visit with friends and family?			

	Yes	No	Comments
Staff			
Does the relationship between the staff and the residents appear to be warm, polite, and respectful?			
Does the tour guide know the residents by name? Is s/he recognized by them?			
Did you meet the management team?			
Menus and Food			
Do the residents have meal choices?			
Are there nutritious snacks available?			
Can the family dine with the resident?			
Activities			
Can residents choose from a variety of activities?			
Are there outdoor areas for resident use?			
Hospital and Doctor			
Who is the Medical Director and how often does he/she see the residents?			
Does the facility have arrangements with the local hospital for emergencies?			
Can the residents see their personal physician?			



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